



## St. Vincent's Cathedral

### May 2008



Monday	Tuesday	Wednesday	Thursday	Friday
			1 meaty spaghetti cheese pizza italian veggies garden salad - dressing garlic bread w/ pasta ** turkey wheat sub w/ crisp lettuce, tomato, and chips	2 no lunch Booster Club to provide
<i>All lunches served with choice of fresh fruit and daily dessert</i>				

Monday	Tuesday	Wednesday	Thursday	Friday
5 fish sticks pepperoni pizza garden pasta w/veggies garden salad - dressing wheat roll ** baked potato w/ side salad, sour cream-chz-butter	6 steak & gravy chicken-chz biscuit mashed potatoes green beans honey mustard bbq dipper ** fresh fruit bowl w/ vanilla yogurt and cereal crunch cup	7 chicken drummies hamburger-bun oven steak fries carrot coins lettuce-tomato-pickles ** chef salad w/ grilled chicken and vegetables	8 beef ravioli cheese pizza mixed veggies garden salad - dressing garlic bread w/ ravioli ** ham-cheddar sub w/ crisp lettuce, pickle, and chips	9 french toast-sausage (2) hot dogs-buns grilled cheese baked later tots carrot & celery sticks pickle w/ grilled cheese assorted condiments **
<i>All lunches served with choice of fresh fruit and daily dessert</i>				

Monday	Tuesday	Wednesday	Thursday	Friday
12 meatballs-gravy cheese pizza mixed veggies garden salad - dressing meatballs over noodles ** turkey wheat sub w/ crisp lettuce, tomato, and chips	13 bbq smokies chicken nuggets mac & cheese green peas wheat roll w/ sausages ** baked potato w/ side salad, sour cream-chz-butter	14 chz quesadilla chzburger-bun oven crinkle fries steamed broccoli lettuce-tomato-pickles ** tuna salad sub w/ crisp lettuce, pickle, and chips	15 beef lasagna pepperoni pizza green beans garden salad - dressing french bread w/ pasta ** fresh fruit bowl w/ vanilla yogurt and cereal crunch cup	16 chicken enchiladas soft beef tacos cheese nachos refried beans tomato rice lettuce-tomato-cheese taco sauce **
<i>All lunches served with choice of fresh fruit and daily dessert</i>				

**Due Date:**

**4/23/08**

(for turning into your school office with cash or check)



## St. Vincent's Cathedral

### May 2008



Monday	Tuesday	Wednesday	Thursday	Friday
19 italian chicken sausage pizza mixed veggies garden salad - dressing chicken over pasta ** baked potato w/ side salad, sour cream-chz-butter	20 breaded steak chicken strips mashed potatoes green beans steak w/ gravy & roll ** fresh fruit bowl w/ vanilla yogurt and cereal crunch cup	21 pancakes-sausage hamburger-bun baked later tots veggie sticks w/ranch lettuce-tomato-pickles ** bean-chz burrito w/ Nacho Dorito chips, and veggie sticks	22 chicken spaghetti cheese pizza steamed broccoli garden salad - dressing wheat roll w/ spaghetti ** ham-cheddar sub w/ crisp lettuce, pickle, and chips	23 fish sticks corny dog grilled cheese mac & cheese buttered green peas pickle w/ grilled cheese assorted condiments **
<i>All lunches served with choice of fresh fruit and daily dessert</i>				

Monday	Tuesday	Wednesday	Thursday	Friday
26 memorial day	27 chicken nuggets steak-chz biscuit mashed potatoes buttered corn honey mustard dipper ** fresh fruit bowl w/ vanilla yogurt and cereal crunch cup	28 oven-fry chicken chzburger-bun hashbrown potatoes carrot coins lettuce-tomato-pickles ** grilled cheese w/ Frito corn chips, and pickle spear	29 meatballs-pasta pepperoni pizza green beans garden salad - dressing french bread w/ pasta ** baked potato w/ side salad, sour cream-chz-butter	30
<i>All lunches served with choice of fresh fruit and daily dessert</i>				



### Always Serving.....

Fresh Vegetables & Salads

Baked Potato & Toppings

Deli Sandwich Selections

Fresh Fruits & Whole Wheat Breads

Low Fat-Low Sugar Desserts

### \*\* Snacks and a la carte items (if offered) \*\*

Baked Chips, Pretzels, and Snack Mixes  
Snack Bars, Crackers, and Fruit Snacks  
Gatorades, Sunny D, Bottled Water, and Milk  
ALL SNACKS ARE TRANS FAT FREE!  
\*\*\*\*



"Menu Items are baked ...  
never fried"



committed to  
freshness, nutrition & variety

**Due Date:**

**4/28/08**

(for faxing or e-mailing your menu)