


# St. Vincents School

## March 2010

DUE DATE: 2/24/2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> 1 breaded fish filet * 2 pepperoni pizza 3 baked potato/fixins (v) >> sides >> >steamed italian vegetables >chilled fruit cocktail >oatmeal raisin cookie * fish on wheat burger bun	<b>2</b> 1 meatloaf/gravy * 2 chicken/chz biscuits 3 fruit bowl/yogurt (v) >> sides >> >mashed potatoes >steamed green beans >choice of fresh fruit * meatloaf with wheat roll	<b>3</b> 1 oven "fried" chicken 2 hamburger/fixins 3 super chef salad * (v) >> sides >> >bbq beans >steamed carrot coins >chilled mandarin orange * veggies, beans, cheese	<b>4</b> 1 meaty spaghetti * 2 cheese pizza (v) 3 ham-cheddar sub >> sides >> >steamed mixed veggies >salad w/spinach >whole grain cocoa cake * pasta w/garlic bread stick	<b>5</b> 1 french toast/sausage 2 turkey frank 3 grilled cheese (v) >> sides >> >baked potato puffs >chilled pineapple 'bits >fresh veggie sticks-ranch * served with turkey sausage
<b>8</b> 1 meatballs/gravy * 2 cheese pizza (v) 3 tuna salad 'wich >> sides >> >steamed california veggies >chilled pasta/bean salad >chilled tropical fruit mix * meatballs w/buttered pasta	<b>9</b> 1 chicken nuggets 2 bbq chopped beef * 3 baked potato/fixins (v) >> sides >> >whole grain mac & cheese >steamed green peas >fresh melon wedge * bbq beef on burger bun	<b>10</b> 1 cheese quesadilla * (v) 2 cheeseburger/fixins 3 turkey/swiss sub >> sides >> >oven crinkle fries >steamed broccoli cuts >choice of fresh fruit * quesadilla w/pico de gallo	<b>11</b> 1 beef ziti lasagna * 2 mex veggie pizza (v) 3 roast beef/chz 'wich >> sides >> >steamed green beans >chilled sliced apples >salad w/spinach * lasagna w/french bread	<b>12</b> 1 chicken enchiladas * 2 soft beef tacos 3 bean/chz nachos (v) >> sides >> >fresh taco salad/taco sauce >refried beans >Spanish rice >cinnamon oat cookie * with queso topping
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
 <h1>Spring Break</h1>				
<b>22</b> 1 beef chili pie * 2 cheese pizza 3 turkey/swiss 'wich >> sides >> >broccoli cheese rice >steamed carrot coins >fresh grape clusters * served over corn chips	<b>23</b> 1 chicken nuggets 2 grilled steak wrap * 3 fruit bowl/yogurt (v) >> sides >> >mashed potatoes >steamed cut corn >choice of fresh fruit * on whole wheat tortilla	<b>24</b> 1 maple roast chicken 2 cheeseburger/fixins 3 grilled cheese (v) >> sides >> >hashbrown potatoes >chilled fruit cocktail >carmel banana cake * chicken with wheat roll	<b>25</b> 1 marinara meatballs * 2 sausage pizza 3 baked potato/fixins (v) >> sides >> >steamed green beans >salad w/spinach >chocolate chip cookie * meatballs with bread stick	<b>26</b> 1 chicken fajitas 2 big beef burrito 3 soft cheese taco * (v) >> sides >> >fresh taco salad/taco sauce >tex-mex black beans >chilled pineapple 'bits >cinnamon pastry puff * enchilada-like w/cheddar/queso
<b>29</b> 1 corny dog (turkey) 2 mex-veggie pizza * (v) 3 ham-cheddar sub >> sides >> >cowboy white beans >chilled diced pears >whole grain trail mix * cheddar, tomato & more	<b>30</b> 1 chicken strips 2 beef sloppy joe * 3 baked potato/fixins (v) >> sides >> >whole grain mac & cheese >steamed broccoli >salad w/romaine lettuce >apple oat cake * sloppy joe with burger bun	<b>31</b> 1 bbq baked chicken * 2 hamburger/fixins 3 fruit bowl/yogurt (v) >> sides >> >oven french fries >steamed mixed veggies >fruit & gelatin * chicken with wheat roll		

### Twelve Oaks



### Catering

committed to provide freshness, nutrition, and variety

### MENU NOTES:

- \* a non-meat entree is offered every day, denoted with a (v).
- \* "BAKED, never fried": we promote a low fat, low sugar and appropriate caloric menu.
- \* we use whole wheat breads, lean meats and chicken breast, and low fat cheeses.
- \* fresh fruit available daily - desserts are made with whole grains and are relatively low in sugar.

order forms & payment available at  
[twelveoakscatering.com](http://twelveoakscatering.com)



all food produced in a  
 TDH inspected kitchen



# Order Form

- 1> Check the box to the left of the entrée you wish to select
- 2> Check the box to the left of **XTRA #2** if you wish to order an additional #2
- 3> Check the box to the left of **beverage** if you wish either a milk or a juice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>	
<input type="checkbox"/>	breaded fish filet *	<input type="checkbox"/>	meatloaf/gravy *	<input type="checkbox"/>	oven "fried" chicken	<input type="checkbox"/>	meaty spaghetti *	<input type="checkbox"/>	french toast/sausage *
<input type="checkbox"/>	pepperoni pizza	<input type="checkbox"/>	chicken/chz biscuits	<input type="checkbox"/>	hamburger/fixins	<input type="checkbox"/>	cheese pizza (v)	<input type="checkbox"/>	turkey frank
<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>
<input type="checkbox"/>	baked potato/fixins (v)	<input type="checkbox"/>	fruit bowl/yogurt (v)	<input type="checkbox"/>	super chef salad * (v)	<input type="checkbox"/>	ham-cheddar sub	<input type="checkbox"/>	grilled cheese (v)
<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>
<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>	
<input type="checkbox"/>	meatballs/gravy *	<input type="checkbox"/>	chicken nuggets	<input type="checkbox"/>	cheese quesadilla * (v)	<input type="checkbox"/>	beef ziti lasagna *	<input type="checkbox"/>	chicken enchiladas *
<input type="checkbox"/>	cheese pizza (v)	<input type="checkbox"/>	bbq chopped beef *	<input type="checkbox"/>	cheeseburger/fixins	<input type="checkbox"/>	mex veggie pizza (v)	<input type="checkbox"/>	soft beef tacos
<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>
<input type="checkbox"/>	tuna salad 'wich	<input type="checkbox"/>	baked potato/fixins (v)	<input type="checkbox"/>	turkey/swiss sub	<input type="checkbox"/>	roast beef/chz 'wich	<input type="checkbox"/>	bean/chz nachos (v)
<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>
<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>	
									
<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>	
<input type="checkbox"/>	beef chili pie *	<input type="checkbox"/>	chicken nuggets	<input type="checkbox"/>	maple roast chicken *	<input type="checkbox"/>	marinara meatballs *	<input type="checkbox"/>	chicken fajitas
<input type="checkbox"/>	cheese pizza	<input type="checkbox"/>	grilled steak wrap *	<input type="checkbox"/>	cheeseburger/fixins	<input type="checkbox"/>	sausage pizza	<input type="checkbox"/>	big beef burrito
<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>
<input type="checkbox"/>	turkey/swiss 'wich	<input type="checkbox"/>	fruit bowl/yogurt (v)	<input type="checkbox"/>	grilled cheese (v)	<input type="checkbox"/>	baked potato/fixins (v)	<input type="checkbox"/>	soft cheese taco * (v)
<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>
<b>29</b>		<b>30</b>		<b>31</b>					
<input type="checkbox"/>	corny dog (turkey)	<input type="checkbox"/>	chicken strips	<input type="checkbox"/>	bbq baked chicken *				
<input type="checkbox"/>	mex-veggie pizza * (v)	<input type="checkbox"/>	beef sloppy joe *	<input type="checkbox"/>	hamburger/fixins				
<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>	<input type="checkbox"/>	<b>XTRA #2 entrée</b>				
<input type="checkbox"/>	ham-cheddar sub	<input type="checkbox"/>	baked potato/fixins (v)	<input type="checkbox"/>	fruit bowl/yogurt (v)				
<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>	<input type="checkbox"/>	<b>beverage</b>				

Teacher: \_\_\_\_\_

4> Student Name: \_\_\_\_\_

Grade: \_\_\_\_\_

5> Count entrees chosen \_\_\_\_\_ x **\$3.00** = \$ \_\_\_\_\_

6> Count XTRA #2 chosen \_\_\_\_\_ x **\$1.00** = \$ \_\_\_\_\_

7> Count beverage chosen \_\_\_\_\_ x **\$0.65** = \$ \_\_\_\_\_

**ORDER TOTAL** \$ \_\_\_\_\_

8> Paying by check: *Staple check (to "Twelve Oaks") to front of menu. A \$25.00 fee will be charged for any returned checks*

9> Paying by credit card: **MASTERCARD OR VISA**. Include card #, expiration date, signature, and daytime telephone

10> **FAX TO: 214-956-9825, or E-MAIL TO: order@twelveoakscatering.com**

C.C. #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ expiration date: \_\_\_\_\_

signature: \_\_\_\_\_ phone #: \_\_\_\_\_